# L-Arginine 500mg



## DESCRIPTION

L-Arginine is a conditionally essential amino acid. In that role L-Arginine supports nitric oxide formation, which is important for healthy dilation of blood vessels, circulation, and blood flow. In trials, L-Arginine has demonstrated the potential to support endothelial function in blood vessels, platelet function, exercise tolerance, and sexual function. Typically the body is able to manufacture sufficient quantities of L-arginine. However, in certain conditions, such as aging, cardiovascular disease, and trauma, arginine synthesis is reduced and requirements increased. L-arginine is necessary for the synthesis of creatine phosphate (PCr), which is essential for the synthesis of ATP, the source of energy in the mitochondria, particularly in muscle tissue. Vitamin B-6 is included in this formulation and serves as an essential nutrient for the metabolism of amino acids in the body.

## INDICATIONS

L-Arginine may be a useful supplement for individuals leading an active lifestyle or who want to support healthy cardiovascular function.

#### **FORMULA** (WW #10284)

One vegetarian capsule contains:

Vitamin B-6 10 mg
(as pyridoxine hydrochloride)
L-Arginine 500 mg
Other Ingredients: Capsules (cellulose and water), magnesium
stearate, and silica.
Vitamin B-6 is paired with L-Arginine because of its role in
metabolizing amino acids.

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors, or flavors.

## SUGGESTED USE

Adults take 1 capsule, 2 to 6 times daily between meals or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse effects have been reported.

### **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

Manufactured For:

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