

# Diabetes Balance (RF)

Herbal, Vitamin, and Mineral Product to Support Healthy Blood Sugar Metabolism



## DESCRIPTION

Diabetes Balance (RF) is a complete product that addresses blood sugar function and promotes healthy balance and regulation.

## FUNCTIONS

Diabetes Balance (RF) provides a balanced formulation of herbs, vitamins, and minerals which have been shown to have a positive impact on supporting healthy blood sugar metabolism. Included in this formulation are:

- Gymnema Sylvestre which is standardized for gymnemic acid content and has been shown to enhance pancreatic beta cell activity and reproduction. The result is improved endogenous insulin output.
- Vanadium (Vanadyl sulfate) is a salt that has demonstrated insulin-like effects on glucose metabolism. Vanadium appears to enhance insulin receptors at tissue receptor sites. Vanadium improves insulin sensitivity in NIDDM patients.
- Chromium has been shown to enhance glucose metabolism and transport, and insulin responsiveness in skeletal muscle and fat cells. Beneficial effects have also been noted on the serum lipids, cholesterol, triglycerides, HDL cholesterol, and LDL cholesterol.
- Alpha R-Lipoic Acid improves insulin resistance in NIDDM patients. Alpha Lipoic Acid favorably influences the glucose transport proteins GLUT1 and GLUT4, thereby nutritionally supporting uptake and utilization.
- Fenugreek Seed and Momordica (Charantin) are natural herbal concentrates that have demonstrated improved glucose tolerance and improved glycemic control. Both herbs have been shown to reduce elevated serum glucose levels.
- Citrus Bioflavonoids have been shown to act as antioxidants that protect lipids from oxidation (lipid peroxidation). They also quench the peroxide free radical. Mast cell stabilization and reduction of release of inflammatory mediators are also benefits of Citrus Bioflavonoids.
- Bilberry Extract, with its anthocyanidin pigments, has been shown to protect delicate optic structures. Vaccinium extracts can help lower the risk of developing diabetic retinopathy and cataracts.
- Corsolic Acid is a substance extracted from the banaba leaf. Corsolic acid is known as an insulin-like principle because of its ability to assist in blood sugar regulation. It is believed that corsolic acid's positive effects on blood sugar are via facilitation of GLUT-4 translocation.

## INDICATIONS

Diabetes Balance (RF) may be a useful dietary adjunct for individuals wishing to improve blood sugar metabolism.

## FORMULA (WW #10307)

### 3 Capsules Contain:

Vitamin E (as d-alpha tocopheryl succinate) .....	100 IU
Magnesium (as oxide, citrate).....	400 mg
Zinc (as monomethionine) .....	15 mg
Magnesium (as citrate).....	5 mg
Chromium (as chromium polynicotinate).....	400 mcg
<i>Lagerstromia speciosa</i> extract leaf .....	2.7 mg
(Standardized to 18% [0.48 mg] corosolic acid)	
Bitter melon extract fruit.....	200 mg
(Standardized to 7.5% [15 mg] bitter principles)	
<i>Gymnema sylvestre</i> extract stem.....	400 mg
(Standardized to 25% [100 mg] gymnemic acids)	
Vanadium (as vanadyl sulfate).....	5 mg
Jerusalem artichoke extract fruit.....	100 mg
Fenugreek ( <i>Trigonella foenum</i> ) extract seed.....	100 mg
Milk Thistle ( <i>Silybum marianum</i> ) extract seed.....	50 mg
(Standardized to 80% [40 mg] silymarin)	
<i>Ginkgo biloba</i> extract leaf.....	20 mg
(Standardized to 24% [4.8 mg] flavoneglycosides & 6% [1.2 mg] terpene lactones)	
Bilberry ( <i>Vaccinium myrtillus</i> ) extract fruit.....	20 mg
(Standardized to 25% [5 mg] anthocyanosides)	
Alpha lipoic acid.....	25 mg
Citrus bioflavonoids.....	100 mg
Other ingredients: Gelatin, water (capsule), cellulose, magnesium stearate and silica.	

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial color or flavors.

## SUGGESTED USE

Adults take 3 capsules daily with meals or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse effects have been reported.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

Manufactured For:

**Fireside Pharmacy**

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